

How Can I Become A Christian?

1. Admit that God is not first in your life and ask Him to forgive your sins. (*1 John 1:9*)
2. Believe that Jesus died to pay for your sins and that He rose again on Easter and is alive today. (*Romans 10:9*)
3. Accept God's free gift of salvation. Don't try to earn it. (*Ephesians 2:8,9*)
4. Through prayer, invite Jesus Christ to come into your life and be the director (Lord) of your life. (*John 1:12-13*)

What to pray:

Dear Lord Jesus,
I know that I am a sinner and need Your forgiveness. I believe that You died for my sins. Please come into my life and make me a new person. From now on I want You to be the director of my life. Amen.

How Can I Become A Member of Kenmore Community Church?

1. Receive Jesus as your Lord and Savior.
2. Be baptized by immersion if you have not been already.
3. Attend the class "Discovering Church Membership" which is offered periodically through- out the year.
4. Indicate your interest in joining the church on the Communication Card or by calling the church office at 425-486-7487.

DEVELOP DISCIPLINE

Various Proverbs

Main Thought: The book of Proverbs challenges the wise person to develop discipline and self-control.

1. _____ IS DISCIPLINE AND SELF-CONTROL?
(Prov. 1:1-3; 23:23)
2. _____ DO WE GET DISCIPLINE AND SELF-CONTROL?
(Gal. 5:22-23; 2 Tim. 1:7; Titus 2:11-14)
3. _____ DO WE NEED DISCIPLINE AND SELF-CONTROL? (Prov. 25:28)
4. A SELF-CONTROL _____
 - 1) Uncontrolled _____ (Prov. 6:25-26)
 - 2) Uncontrolled _____ (Prov. 21:20)
 - 3) Uncontrolled _____ (Prov. 23:4)
 - 4) Uncontrolled _____ (Prov. 23:29-30)
 - 5) Uncontrolled _____ (Prov. 29:11)
 - 6) Uncontrolled _____ (Prov. 25:16)
5. SEVEN _____ WAYS TO DEVELOP DISCIPLINE AND SELF-CONTROL
 - 1) _____ you have a problem with self-control.
 - 2) _____ to the Lordship of Christ (Gal. 5:16).
 - 3) _____ the disciplines of Bible reading and prayer (1 Tim. 4:7)
 - 4) _____ in spiritual friendships (Eccl. 4:10).
 - 5) Curtail _____ influences (1 Cor. 15:33).
 - 6) Practice _____ habits (Job 31:1).
 - 7) _____ gracious correction (Prov. 1:7)

ADDITIONAL QUESTIONS FOR GROWTH GROUPS

1. What insight from this week's message did you find to be most helpful, eye opening, or troubling? Explain.
2. What are the characteristics you notice in a person whose life is disciplined and self-controlled? What are the characteristics you notice in a person whose life is not disciplined and self-controlled?
3. Right at the beginning of Proverbs, Solomon indicates that his wise sayings are meant to help people attain a disciplined life (Prov. 1:1-3; 23:23; 25:28). Why is it wise to live a disciplined and self-controlled life?
4. How would you define discipline and self-control?
5. We all know that we can't control ourselves simply through our own willpower or self-determination. Self-control is more than just self-help. Paul speaks of our dilemma in Romans 7:18: "I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good but I cannot carry it out." If we can't do it ourselves, where does self-control come from? (Gal. 5:22-23; 2 Tim. 1:7; Titus 2:11-14)

6. Proverbs 25:28 provides a dramatic description of the individual living out of control. How does this proverb represent someone whose life is out of control? What are the walls in our lives that are broken down by lack of discipline and self-control?

7. The Bible offers several vivid examples of people who lived out of control lives. Read their stories in the verses listed below and note where they lacked discipline and self-control and how it affected their lives.

1) Sampson: Judges 14-16

2) King Saul: 1 Samuel 21-23

3) Felix: Acts 24:25 (See if you can research why Felix would have been upset by Paul's discourse on righteousness, self-control, and the judgment to come.)

8. In his Book on Proverbs, Bill Hybels lists four components of discipline and self-control: setting high goals, delaying gratification, making decisions ahead of time about how you are going to act in moral situations, and celebrating along your journey. What do you think? Are these helpful ways to think about discipline and self-control?

9. In what area(s) do you lack discipline and self-control? What will you begin working on this week with the help of the Holy Spirit and what will you do differently?