

How Can I Become A Christian?

1. Admit that God is not first in your life and ask Him to forgive your sins. (*1 John 1:9*)
2. Believe that Jesus died to pay for your sins and that He rose again on Easter and is alive today. (*Romans 10:9*)
3. Accept God's free gift of salvation. Don't try to earn it. (*Ephesians 2:8,9*)
4. Through prayer, invite Jesus Christ to come into your life and be the director (Lord) of your life. (*John 1:12-13*)

What to pray:

Dear Lord Jesus,
I know that I am a sinner and need Your forgiveness. I believe that You died for my sins. Please come into my life and make me a new person. From now on I want You to be the director of my life. Amen.

How Can I Become A Member of Kenmore Community Church?

1. Receive Jesus as your Lord and Savior.
2. Be baptized by immersion if you have not been already.
3. Attend the class "Discovering Church Membership" which is offered periodically through- out the year.
4. Indicate your interest in joining the church on the Communication Card or by calling the church office at 425-486-7487.

MANAGE ANGER

Various Proverbs

Main Thought: From the book of Proverbs and other Biblical passages, we can learn some important lessons about how to manage anger wisely.

1. ANGER IS _____ AND NOT NECESSARILY _____.
(Ps. 30:5; Rom. 1:18; Mark 3:5; 11:15-17; Eph. 4:26)
2. THE ROOT _____ OF ANGER. (James 4:1-2)
 - 1) _____
 - 2) _____
 - 3) _____
3. ANGER CAN BE _____ AND LEAD TO _____.
(Prov. 22:24-25; 29:22; Eph. 4:31; Col. 3:8)
4. ANGER CAN BE _____. (Prov. 16:32; 29:11)
 - 1) Anger must be _____.
 - 2) Anger must be _____ with in a timely fashion. (Eph. 4:26-27)
 - 3) Anger must be _____.
(James 1:19; Prov. 15:1)
 - 4) _____ and _____ must be utilized. (Eph. 4:32)
 - 5) _____ and _____ must be resisted. (1 Pet. 2:23)
 - 6) _____ and _____ on the Holy Spirit.
(Gal. 5:22-23)

ADDITIONAL QUESTIONS FOR GROWTH GROUPS

1. What insight from this week's message did you find to be most helpful, eye opening, or troubling? Explain.

2. When you read the following Proverbs, what impression do you get about anger? Is it a good thing or a bad thing? Why or why not?

1) Proverbs 14:17, 29

2) Proverbs 15:18

3) Proverbs 19:3, 19

4) Proverbs 22:24-25

5) Proverbs 25:28

6) Proverbs 27:4

7) Proverbs 29:11, 22

8) Proverbs 30:32-33

3. When you read the following Bible passages, what impression do you get about anger? Is it a good thing or a bad thing? Why or why not?

1) Genesis 4:1-8

2) Psalm 30:5

3) Romans 1:18

4) Mark 3:1-5; 11:15-17

4. If God gets angry, anger isn't necessarily sinful. What's the difference between sinful anger and righteous anger?

5. According to James 4:1-2, what is the source of much of our sinful anger?

6) What does Proverbs 16:32 tell us about the person who "controls his/her temper"?

7) What do the following verses teach us about controlling our anger?

1) Ephesians 4:26-27

2) James 1:19-20

3) Ephesians 4:31-32

4) 1Peter 2:23

5) Galatians 5:22-23

8) What other ways have you found helpful in controlling your anger?

9) How will you put the things you have learned about controlling anger into practice in your life this week?